# henewhommog

issue 258 // 7 - 14 Sep 2012 // Host borough for 2012 Games

Waterfront rhythms

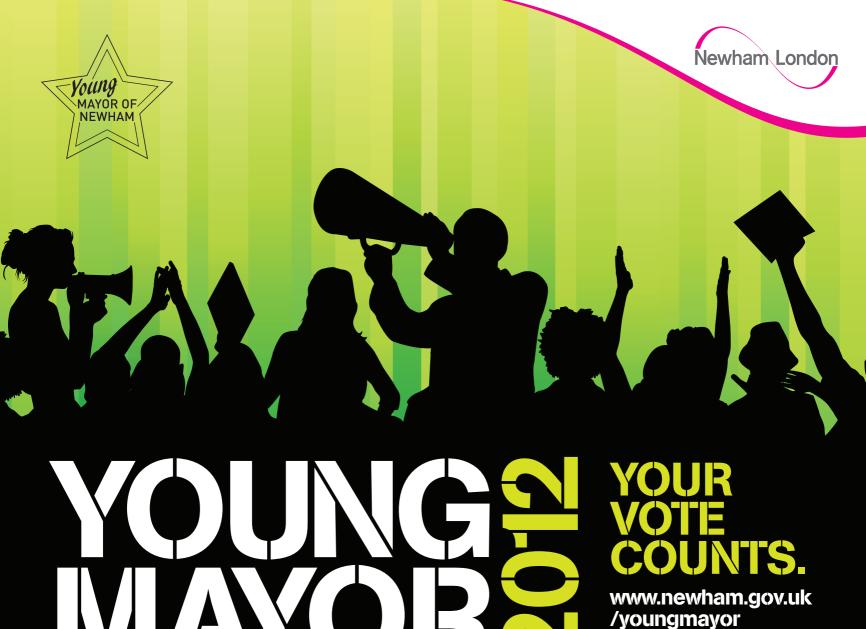
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Welcome to Wah! Wah!

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Photography competition





ym\_Newham

The Young Mayor and Youth **Council represent the views** of thousands of young people across the borough.

If you are aged 14-18 and live in Newham you can run for Young Mayor.

To find out more visit www.newham.gov.uk/youngmayor

Nominations for Young Mayor are open 10-24 September 2012

# the newham mag

Look out for the next issue from 14 September 2012

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7 September 2012 // **issue 258** 



We've almost reached the final lap of the Games but the festivities are not over yet.
Read how our Let's Get the Party Started celebrations are continuing (p14) and how our wet and wild Waterfront Festival is taking shape (p9).
Newham born rower Mark

Hunter came back to his roots to welcome the arrival of the Paralympic Flame. Read an exclusive interview with him on page 10 and relive the relay on pages 18 and 19.

# Cllr Andrew Baikie

Executive member for housing and customer service

To request a large print version of the Newham Mag call 020 3373 1517 or email newham.mag@newham.gov.uk

SENIOR PUBLICATIONS OFFICER: Anita Plaha PUBLICATIONS TRAINEE: April Isaacs STAFF PHOTOGRAPHER: Andrew Baker ADDITIONAL PHOTOGRAPHY: Sarah London,

Matt Cetti-Roberts

Call the mag team on **020 3373 4576** 

To advertise in the mag call **Julie Madell** on **07890 529 090** 

If you do not receive The Newham Mag at home, or know someone who doesn't, please call 020 3373 1517, write to The Newham Mag, West Wing, 4th Floor, Newham Dockside, Dockside Road, London E16 2QU, or email newham.mag@newham.gov.uk

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For all Newham Council services call 020 8430 2000 or visit www.newham.gov.uk

# **Direct Debit is just the ticket**

More than 30,000 Newham residents are now registered to pay their Council Tax by Direct Debit, which automatically entered them into a prize draw for tickets to the 2012 Games.

Mayor Sir Robin Wales secured 50 pairs of tickets for the most sought-after events, which were allocated at random to those who were up-to-date with their payments and paying by Direct Debit at the time.

Among those to receive a pair of tickets was Rosini Antwi of Custom House who went to athletics at the Olympic Stadium with her son David. She said "I've been paying by Direct Debit for four years, it's so much easier - this way you don't forget and it saves time. I was so happy when I found out I'd won tickets to the Olympic Park. Watching athletics is only something I could have dreamed of. It was so great."



Sir Robin said: "Newham already has the lowest Council Tax in outer London and it helps pay for hundreds of council services from rubbish collections to libraries. We will continue to keep it affordable while providing better services for residents."

Visit www.newham.gov.uk/directdebit for details of how to pay or call 020 8430 2000 to request a Direct Debit form.

# >>

# Swimmer is making waves

Newham born Paralympic swimming star Amy Marren visited Silvertown's London City Airport where she unveiled a plaque commemorating the airport's 25 years in operation.

Amy, 14, is sponsored by the airport's health and well-being programme, which promotes healthy living.

The talented teenager has been competing at international level since 2009 in the S9 category after being born without her right hand. She was one of the youngest competitors at the Paralympic Games and came fifth in the final of the S9 women's 100m backstroke event.

Amy, whose mother first found out about disabled swimming through the *Newham Mag*, said: "The Games are even more special for me as I was born in Newham. The sponsorship from London City Airport has helped me in so many ways."



# Home in on advice

A new one-stop-shop service is being provided by Newham Council to offer advice and assistance to people who are in danger of losing their home.

At present people can approach any Local Service Centre (LSC) for help, but from 10 September the service will be centralised at Stratford LSC in The Grove, where expert housing advisors will aim to resolve an enquiry on first visit.

If you require help to remain in your current home or have been asked to leave and need advice on the options for secure alternative accommodation, the team at Stratford LSC could help.

Councillor Andrew Baikie, executive member for housing, said: "We want to ensure residents are able to secure decent, good quality housing. We are creating the one-stop-shop facility at Stratford for those who need additional support in finding a more stable home."

# Be aware of gas safety

Newham Council is encouraging residents to be aware of gas safety and the importance of taking care of gas appliances.

The advice has been issued in support of national Gas Safety Week, an annual event held from 10 to 16 September, which is coordinated by Gas Safe Register, the official list of engineers legally allowed to work on gas boilers, cookers and fires.

Badly fitted and poorly serviced gas appliances can cause leaks, fires, explosions and carbon monoxide poisoning. Landlords are encouraged to keep appliances in good condition and arrange a safety check every 12 months, with tenants given a record of the check.

Warning signs that gas appliances aren't working correctly include lazy yellow or orange flames instead of crisp blue ones, black marks on or around appliances and too much condensation in a room. People are also encouraged to install audible carbon monoxide alarms. If you smell gas call the gas emergency number on 0800 111 999.



# 

# Landmarks open doors to all

Historic and innovative buildings in Newham and across London will throw open their doors to residents this month.

Free guided tours are on offer at 15 landmarks in Newham as part of the annual Open House London weekend, which takes place from 22 to 23 September.

The idea behind the annual weekend, supported by Newham Council, is for the public to see behind the scenes at landmark buildings and learn more about their everyday use.

Among those taking part are the Old Town Hall in Stratford, Theatre Royal, Abbey Mills pumping station, West Ham Bus Garage in Canning Town and the City of London Cemetery in Manor Park.

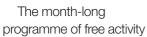
Art and performance space Caravanserai in Canning Town will have community activities while St Mary Magdalene Church and nature reserve in East Ham, which dates back 750 years, will host tours on a first come, first served basis. **To find out more visit** 

www.openhouselondon.org.uk/newham/



# Stratford as you know it

The Games may have left town but the celebrations continue as residents are invited to Re-Discover Your Stratford.





Also part of Re-Discover Your Stratford is a virtual bike tour of the Olympic Park, free film screening, Circlets Family Day at Stratford Circus and more. All events are free on a first come, first served basis. For more information sign up to hello@ eastvillagelondon.co.uk

# Jobs help for young

Newham Council's jobs brokerage service Workplace will be offering advice to young people at a jobs and apprenticeships fair designed to help school leavers and graduates into employment or back into work.

The fair takes place at West Ham United's Boleyn Ground in Green Street, Upton Park, on 14 September from 10am to 4pm. It is being organised by Newham MPs Stephen Timms and Lyn Brown.

Workplace representatives will have access to current vacancies, be encouraging young people to sign up for training courses and provide advice on creating a CV and interview skills. Leading employers will be at the fair including London City Airport and Newham Council.

Mayor Sir Robin Wales said: "Getting local people into jobs and helping them build careers is our top priority. Apprentices get on the job experience and a real chance to develop their skills."

# Residents in the party spirit

Newham's residents are continuing to celebrate 2012 by organising their own parties and inviting their local community along.

Northfield House sheltered housing scheme in Plaistow held a garden party and barbeque for its tenants and local residents after successfully applying for funding from Newham Council's Let's Get The Party Started initiative. Almost 800 applications have so far been approved by the council.

Mayor Sir Robin Wales and Councillor Forhad Hussain, community lead member for Plaistow, were invited to the party to meet residents and help out in the home's garden.

If you want to hold an event to celebrate 2012, there is still time to apply for funding. For further information turn to page 14 or visit www.newham.gov.uk/party



# Flame joy tinged with a little disappointment

I was delighted that more than 10,000 residents came out to greet the Paralympic Flame when it travelled to Stratford Park via Plaistow ahead of the Opening Ceremony of the Paralympic Games.

However I was disappointed that at the eleventh hour Games organisers decided to axe the part of the route along Barking Road and part of Greengate Street because the relay was so far behind schedule. It meant so many people missed a once in a lifetime opportunity to be part of the Games experience and see some truly inspiring torch bearers.

I appreciate that staging a complex event such as the Paralympic Torch Relay is uniquely challenging, but we put an enormous amount of effort into encouraging residents to line the route of the relay and celebrate the Paralympics, which is based on the commitment to equal access for all.

I recognise, of course, there is a balance to be struck. However, I couldn't help but notice that the torch was taken to many of London's 'landmark sites', including the commercial centre of Canary Wharf where very few people live, while bypassing residential areas in Newham and other host boroughs.

Unlike the Olympics, of course, there has been very little priority access for residents to the Paralympics. Losing part of the torch relay meant a golden opportunity to engage with local people and leave a lasting legacy of goodwill was missed.

For those that did go to Stratford Park, there was an opportunity to meet Olympic gold and silver medal winning rower Mark Hunter. Mark, who was raised in Forest Gate, brought along his medals and posed for countless photos.

Being a local boy, Mark was excited by the positive changes the Games have brought to the borough.



He is also a passionate ambassador for the legacy of the Games and wants athletes to get into schools to make sure kids develop the determination and passion to succeed. I look forward to being able to help him do so.

Turn to page 10 to read an interview with Mark.





# Promoting a pool of inspiring young talent

One of my proudest moments as Mayor of Newham came last week when I was asked to present medals at the Paralympic Games.

The first of those was on day one of competition at the Aquatics Centre and included the presentation for the S12 category women's 400m freestyle event in which GB's Hannah Russell won silver.

The performance by Hannah, 16, who is visually impaired, brought the Aquatics Centre crowd to its feet. In 2010 she was put on Sport England's Playground to Podium scheme, which nurtures young disabled sporting

talent who have the potential to be elite athletes.

I have always promised to use the Games to transform opportunities for young people and inspire a generation.

Hannah's success is just the sort of thing I want from our Every Child a Sportsperson programme, which aims to deliver on that promise.

And of course the other reason why Hannah succeeded is that she has Celtic blood in her stemming from her Scottish grandparents.



# Party with our silver lady

I hope as many people as possible will be able to get to our big screen LIVE Site in Stratford Park on Sunday 9 September to welcome local girl and Olympic



medallist
Christine
Ohuruogu
and have a
huge end of
Paralympics
party.
Christine,
who won a
silver medal in
the women's
400m final.

was cheered on by thousands at our LIVE Sites in Stratford and East Ham. Her race was one of the moments of the 2012 Games that had all of us on the edge of our seats. I'm delighted she is able to join us to celebrate her amazing achievement.

Christine has been a brilliant ambassador for both Newham and the London 2012 Games and has inspired a new generation of athletes. Sunday brings what has been a magical time for everyone to a close. I'm delighted that we're going to party in style. Join Christine and me from 6pm.



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# Rock on the docks

If you want to unwind after a Hard Day's Night, All You Need Is the Bootleg Beatles, the next best thing to the original Fab Four, who will headline the main stage at this year's Newham London Waterfront Festival on Saturday 29 September.

Money Can't Buy You Love and neither can it buy you a ticket to the Waterfront Festival, which is free for all. The family-friendly event takes place in the tranquil surroundings of Royal Victoria Dock, combining entertainment, activities, food and fireworks.

The Bootleg Beatles are an act not to be missed. Refreshed from their recent tour of Australia, and still buzzing from their performance with Status Quo at last year's Glastonbury Festival, the group will make waves at the Waterfront Festival before their tour of New Zealand, Singapore and Hong Kong. The performance also coincides with The Beatles' 50th anniversary.

If The Beatles don't float your boat, come along for some pop, soul, Latin and

African music that will form part of the Waterfront Festival's seven-hour musical gala. Starting proceedings will be Orquestar Estelar, a Cuban group with more than 25 members that put the big into big band.

The Caribbean flavour goes up a gear with Grupo Lokiti, who combine infectious Cuban rhythms with big beats from the Congo to produce a exuberant explosion of sound.

Fresh from performances at East Ham and Stratford LIVE Sites are Candy Apple Blue. The versatile group's repertoire covers a variety of musical genres from rock to pop, Motown to R'n'B. Enjoy classic hits from past decades as well as present day chart toppers.







# **Newham London Waterfront Festival**

The free Waterfront Festival takes place on Saturday 29 September, from 2-9pm, at Royal Victoria Dock, E16. Chill by the water, jump aboard a free boat ride or dive into wakeboarding or aquaballs. There's free entertainment, a fun bus filled with child-friendly activities and the chance to visit the new Siemens Crystal. Discover a new side to the docks and don't miss the fantastic fireworks finale. For more information visit www.newham.com/summer

# Take Five with... Mark Hunter

Newham-born Team GB rower Mark Hunter wowed the crowds during the Olympics with a silver medal-winning performance in the lightweight double sculls. During the Opening Ceremony of the Paralaympic Games, he joined thousands of residents at our Stratford Park LIVE site. He spoke to us about his inspiration, the Olympic legacy and what he plans to do next.



# Are you impressed by the physical changes the 2012 Games have brought to the borough?

I was born in Forest Gate and I'm overwhelmed by the positive changes I've seen happen here. It's really helped to regenerate the area and get people excited about living in the borough.

# How did you get into rowing and when did you decide it was the sport for you?

I got into rowing as a 14 year old and was introduced to the sport by my dad. I can really understand the inspiration kids get from watching the Games because my time coincided with the 1992 Barcelona Olympics. Just watching the emotion and excitement of the British team performing inspired me to want to become an Olympic athlete.

"It's really helped to regenerate the area and get people excited about living in the borough."

# Have you decided yet whether to go again in Rio in 2016?

London was my third Olympic Games and it's a bit early to start thinking about Rio and the next four years. I'm going to take some time out now to reflect on how we performed and just having a normal life for a couple of months. I'm really looking forward to having my weekends back, socialising with friends and enjoying some family time. Around Christmas time I'll start thinking about what my next goal and target will be.

"We had to develop the determination and passion required to excel at sport and we need to give that back to the communities now."

# You're a massive West Ham United fan. What can the Hammers achieve this season?

It's great to have West Ham back in the Premiership and I am thoroughly excited. I got to know the team last year personally and we've got a really good relationship now. I don't talk about relegation – I talk about mid-table. I think manager Sam Allardyce is doing a great job and I look forward to seeing how they progress over the season.

# Who has inspired you?

When I was a kid watching the Olympic Games, one athlete stood out a mile and that was Michael Johnson winning the 200 and 400 metres. I saw how authoritative he was in his event and how he made everyone who was racing him scared. He really inspired me to want to be an athlete as well as a champion.

# You and the other Team GB medal winners have galvanised the mood of the country. Do you think we can maintain the positive legacy of the Games?

I think the word legacy is huge and there's so much that coincides with it. We're just at the starting blocks now and after the Paralympics, we will progress further. The job of the athletes is to get out there into schools and make sure kids understand that we were all young once. We had to develop the determination and passion required to excel at sport and we need to give that back to the communities now.





# ECaM perform with the professionals

This year's classical prom night at Under the Stars was made even more spectacular by 25 mini musicians from Newham. The group of Every Child a Musician (ECaM) students from schools across the borough took to the stage to proudly showcase the fruits of a four-day master-class with the Royal Philharmonic Concert Orchestra (RPCO).

As well as the chance to perform in front of thousands at one of Newham's most anticipated events, with support from the RPCO and their ECaM tutors, the group composed an original score called Chariots of Farah. The 14-minute piece took its inspiration from Chariots of Fire and Newham Beagles' double gold-medallist Mo Farah. The composition featured instruments including the violin, viola, trumpet, flute, clarinet, double bass, keyboards and guitar – instruments that

year 5 and 6 Newham students learn through the ECaM programme.

Set up by Mayor Sir Robin Wales in 2010, 63 of the borough's primary schools work in partnership with the council to deliver the programme in their classrooms, with support from more than 100 ECaM tutors.

So far, more than 6,500 children have enjoyed free music tuition and a free musical instrument. This term will see the first graduates moving to secondary school. The ECaM programme is moving with them and will be delivering lessons to year 7 classes in Newham's secondary schools.

The children performing with the RPCO were nominated by their schools after progressing well with their music tuition. Under the Stars wasn't their first large-scale public performance. They also played a specially composed fanfare to welcome the Olympic Torch Relay at the Mayor's Newham Show in July.

Schoolchildren who took part in Under the Stars were from: Cleves; Earlham; Essex; Gallions; Nelson; Plaistow; Roman Road; Scott Wilkie; Selwyn; Southern Road; Star and St Winefride's primary schools.

# Tiny testimonials: the ECaM experience

"I enjoyed playing my instrument with others as a group."

"I enjoyed the time when we had to go in groups and make up tunes."

"I think I have achieved the chance to learn new things and to get along with people easily."

"It's been very good because it's kind of amazing how much children can do actually."

"It's been brilliant, I just love it. It's such an amazing experience to meet all the musicians."





# Speak for thousands

Are you a Newham young person who cares passionately about the area and the lives of the young people that live here? Do you have the confidence and drive to represent the views of thousands of young people? If you answered yes to these questions you could be Newham's next Young Mayor.

Now in its sixth year, the Newham Young Mayor scheme provides a platform for the views and opinions of the borough's 25,000 young people to be heard at the highest level.

The Young Mayor is supported by a team of youth councillors, who are the eyes and ears of the programme. In their schools, colleges and through their networks they present the issues that young people tell them matter and feed them back to the Young Mayor for action. This year, for the first time, you can opt to stand as a youth councillor without having to go through the Young Mayor nomination process. Current Young Mayor, Abraham Male, said:

"Being Young Mayor is an experience like no other. I have met some great people and had real opportunities to make a difference. From ensuring young people had access to the Games, to hosting football, basketball and photography competitions, young people have been more active, creative and united."

# Do you have what it takes?

From safety to recreation and education to opportunities, share what matters to you and other young people in Newham by standing for Young Mayor or as a youth councillor.

- > To stand for election, you must live in the borough and be aged between 14 and 18.
- > You need to collect 50 signatures of support from your friends, and get permission from your parent/carer, school, college or youth organisation.

The nomination period runs from Monday 10 September until Monday 24 September. You must apply online by visiting www.newham.gov.uk/ youngmayor where you can also find out more about the scheme and how to apply to become a youth councillor.



To follow the election's progress on Twitter, search ym\_newham

# Rewnam Celebrates

# **Big scale street party**

Musical chairs, face painting and a giant game of snakes and ladders were just some of the activities that took place at Dacre Road's street party.

Almost 100 residents from the street in Plaistow came together for fun, games and quality time. The event, organised by Shalini Chablani, saw children and adults enjoy giant board games and then cool down with a free celebration ice cream.



Tables full of food cooked by residents stretched the length of the street which was dressed with bunting thanks to Newham Council. Mayor Sir Robin Wales concluded the afternoon with a sweet sensation, cutting a chocolate cake for all to indulge in.

### **Austin Court take two**

After a successful Jubilee party early this year, Jean Tunwell decided to re-invite residents from Austin Court in Upton Park to once again get the party started.

Residents pinned on their aprons and enjoyed an Olympic themed BBQ to celebrate the Games. It was smiles all round for the children and young people, who were floating on air on the bouncy castle. While



family and friends kicked back and relaxed with food, drink and good weather the kids enjoyed sports competitions inspired by the Olympics.

# **Get your party started**

If you've got an idea for an event that gets the community together we can help make it happen. Our Let's Get the Party Started campaign, which runs throughout 2012, will offer you events know-how and up to £500 to ensure your party goes with a bang. Visit www.newham. gov.uk/party to download an application form and find out more.

# **Capturing Newham**

Snap the sights of
Newham 2012 on camera
and you could be the
winner of our Capturing
Newham photography
competition. Up for
grabs is a cash prize
of £1,000 if you're aged
over 18 or £500 of
camera equipment if
aged under 18. Terms
and conditions apply.
Find out more by visiting
www.newham.gov.uk/
capturingnewham



If your child is due to start primary or secondary school for the first time in September 2013, you need to start thinking about which school is right for them and start applying for their place.

All the information you need for primary school applications can be found in the **Starting School** guide which is available from any Newham nursery, infant or primary school from 10 September.

If your child's due to start secondary school next year, the **Moving from Primary to Secondary School** guide is available from any Newham junior or primary school from early September.

You can also call pupil services on 020 8430 2000 to request a copy.

For school applications, all London boroughs work together, which means that you only need to complete one form – even if you want to apply to a school outside the borough.

You can name any school as your preference, although it's strongly recommended that at least one of your

six preferences is a school in your catchment area. This is where your child will have the highest priority for a place. To find out which schools are in your catchment or local area, visit

# www.newham.gov.uk/schoolfinder

The best way to apply for your child's school place is online at **www.eadmissions.org.uk** where you'll receive an instant acknowledgement that your application has been received.

The admission criteria for voluntary aided faith schools and foundation schools varies. If you'd like to apply for a place at either, you must complete a supplementary information form (SIF), as well as a general application form. To find out which schools this applies to, look on individual school websites. SIF forms are available directly from each school and must be returned there.

# **Key dates**

### Secondary school admissions

Apply online before 11.59pm on Wednesday 31 October. If you choose to complete a hardcopy form, applications must be handed in to your child's primary school by Friday 26 October by close of school office, or received by the council's pupil services team no later than 5pm on Wednesday 31 October.

# **Primary school admissions**

Apply online before 11.59pm on Tuesday 15
January 2013. If you choose to complete a
hardcopy form, applications must be handed in to
your child's Newham nursery or primary school by
5pm on Tuesday 15 January 2013, or received
by the council's Pupil Services team no later than
5pm on Tuesday 15 January 2013.

If you apply after the deadline, all applicants who applied on time will be offered a place before your child can be considered.





# The series continues:



Luck and opportunity - How can we do more for all our young people? Wednesday 12 September 7-8pm

Sir Michael Lyons, Former chairman of the BBC talks to residents about investing in the potential of all our young people.

# Faith in the UK: Is religion redundant in modern society? All events will be held at Stratford Wednesday 19 September 7-8pm

A debate with Reverend Lucy Winkett, Rector of St James Piccadilly and Claire Fox, Director, Institute of Ideas.



Monday 24 September 7-8pm

Sandy Nairne, Director of the National Portrait Gallery will reveal the complex cloak-and-dagger story of the theft of two Turner paintings (then valued at £24million) Picture House, Salway Road, E15

To book your free tickets and for more information on the series visit: www.newham.gov.uk/ideasolympiad

Follow us: **y** @newhamlondon 



# Starting school in Newham

# Reception class places for September 2013

If your child will have their 5th birthday between 1 September 2013 and 31 August 2014 you need to apply for a reception class place now.

The deadline for a reception class place for September 2013 is 15 January 2013. If you miss this date you will have less chance of getting the school that you prefer.

From 10 September 2012 you can pick up a copy of the autumn 2012 edition of the Starting School guide from any London Borough of Newham operated nursery, infant or primary school. The guide includes a copy of the application form.



# The Woh! Woh! foctor

The Theatre Royal in Stratford has looked east for inspiration for this season's first offering. If you want to experience an evening of Bollywood inspired sparkle, toe-tapping music and great entertainment head down to the theatre for the Wah! Wah! Girls.

After performing to packed crowds in the West End and Leicester, the high energy tale of love and passion sees Asian tradition collide head on with British culture in modern day Stratford.

Shelley Williams and Delroy Atkinson are no strangers to the Theatre Royal, or Stratford. Both local residents, they have trod the boards at the theatre more than once. Delroy's credits include The Harder They Come and Shelley most recently performed in panto Cinderella. The Wah! Wah! Girls may also be a musical, but that's where the similarity between this and past productions ends. The story follows the lives of three very different mujra (courtesan) dancers who are trained in traditional Indian dance.

Shelley, who plays Wah! Wah! Girl Forzia said: "My character is typical of girls you see in Stratford Centre: loud, confident and the kind you can't say anything to! This reflects the modern aspects of the play but the Bollywood flashbacks that we have give that high end spectacle that you'd expect. It's not all singing and dancing, there's a story and there's drama, a little bit of everything."

From street wear to shalwar kameezs, the play lightheartedly looks at the east meets west balance many British Asians will be able to relate to, while showcasing the lighter side of Asian culture to unfamiliar

audiences. Delroy said: "There are some parts of the set which are recreated bits of Stratford. When I first saw the set, I was like: 'Oh, that's Vicarage Road!' It's nice to be able to relate to something you're seeing, rather than these big, commercial musicals set in America. This is very, very local, put together by local people that really understand the area, in a local theatre. I think people will be able to relate to that and enjoy the production."

Wah! Wah! Girls is part of the World Stages London and the London 2012 Festival. It is showing at the Theatre Royal until 29 September. To find out more visit www. stratfordeast.com or turn to page 26 to win tickets.













Paralympics in pictures



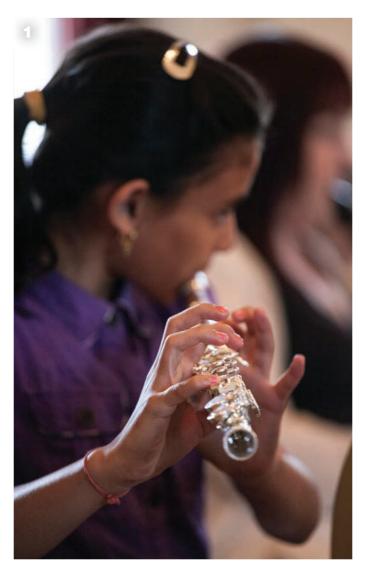






1 Night vision. Two excited Paralympic fans light the route for Newham's torchbearers. 2 Playing with fire: entertainers at Stratford Park.

**<sup>3</sup>** Fireworks at the Paralympics opening ceremony are out of this world. **4** GB all the way for two fans at Stratford Park. **5** A packed West Ham Lane greets the Paralympic torchbearers. **6** Route masters: residents await the arrival of the flame. **7** Overcoming barriers. Heightened excitement as the flame arrives. **8** Argyle Bird with his Paralympic torch at Stratford Park.









Newham in pictures









1 Piping up. An Every Child a Musician student practises the flute in advance of her performance with the Royal Philharmonic Concert Orchestra. 2 Crunch time: Students at Little Ilford School open their GCSE results. 3 Creative kids at Dacre Road's Let's Get the Party Started event in Plaistow. 4 & 6 Scramble to the finish line. Egg and spoon races and fire safety fun at the Barney Bears and Grassroots Let's Get the Party Started event at Memorial Park. 5 Old is gold: two residents of Staples House in Beckton. 7 Full house at Northfield House's Let's Get the Party Started event in Plaistow. 8 All in the eyes: GB is the team on everyone's lips.

# **NEWHAM SERVICES FORUM**



# **Unemployed Adults and 16-18 year olds**

- · Heating & Ventilating
- · Air-conditioning and Refrigeration
- · Mechanical Engineering
- Electrical Installation
- · Painting & Decorating
- · Tiling & Flooring
- Carpentry & Joinery
- · Railway Engineering

All courses are nationally accredited. Funding subject to place availability and eligibility













For course enquiry and enrolment please contact our admin office to arrange a stress free initial interview.

Abbey Road, Junction of Canning Road, Stratford, London, E15 3JZ

020 8221 0321 www.alphabse.co.uk





# **Newham council will MOT** your vehicle £40 for Newham residents

Contact us on 020 8472 0343 or email mot@newham.gov.uk **Appointments only** 

Class 4 vehicles only (cars)

Central Depot, Jenkins Lane, Barking, Essex IG11 0AD



# Showcase the reel thing

This summer will go down in the borough's history for many reasons. Many of you have already sent in your images of this memorable year as part of our Capturing Newham photography competition. If you've not taken part in the chance to win £1,000, or £500 of photography equipment, there's still time to enter our fabulous competion.

The joint venture between Mayor Sir Robin Wales and Young Mayor Abraham Male was set up for residents to take photos that capture Newham 2012, our vibrant community, Let's Get the Party Started celebrations and iconic landmarks.

There are three categories of entry. The Mayor's part of the competition is open to all residents aged 18 and over with a first prize of  $\mathfrak{L}1,000$ . The Young Mayor's competition is in two age categories: 11 to 13 and 14 to 18. The winner of each category will receive photography equipment worth  $\mathfrak{L}500$ , a trophy and the title of Young Newham photographer.

You don't have to be a professional photographer to enter but your picture

must not have been published elsewhere or have won any other prize in a photography competition. If your photo is of people you must have their consent to submit their picture. Here's a flavour of the entries we've received so far:

### **Under 18s**

# 1 Ahmed Magsood, East Ham,

The Newham Carnival brings international flavours to East Ham

### 2 Samira Kanwal, East Ham,

The flypast during the Olympics Opening Ceremony

"The Olympics has inspired me. I wanted to make the most of it by capturing every moment."

# 3 Maya Lathigra, Forest Gate,

Boxing at Peacock Gym in Canning Town "My brother, Sehn, inspired me as he trains as a boxer every weekend at The Peacock Gym."

◆ Tomi Okusanya, Forest Gate, Mascot Taken at St. Antony's RC Primary School.

### Over 18s

### **5** Andrew Howard, Forest Gate,

Woodgrange Market

"Six fine musicians, lots of smiles and one curious, maybe future musician."

**6** Hayley Dawson, East Ham, GB Fan "The Olympics have provided an unmissable opportunity, inspiring me to never put my camera away so I don't miss a moment."

**DEADLINE EXTENDED** – The deadline for competition entries has been extended until Monday 17 September. Submit your photo and details online at www.newham.gov.uk/capturingnewham You must read and agree to our terms and conditions.

















PLEASE SEND YOUR DRAWINGS, JOKES AND POEMS TO:

KIDS' CORNER, WEST WING
4TH FLOOR, NEWHAM DOCKSIDE
1000 DOCKSIDE ROAD, LONDON E16 2QU
OR EMAIL THEM TO

newham.mag@newham.gov.uk

Don't forget to write your name, age, address and daytime contact telephone number on the back of your entry. We cannot return any entries.

# GALLERY



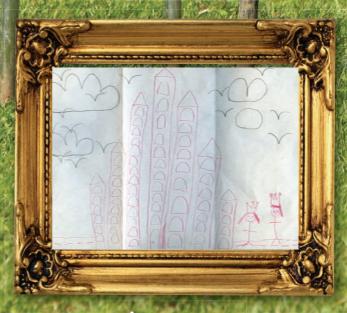
Ishtour Kubiak, 5



Dylan Samani, 8



Jineth Weragama, 6



Maryam Darr, 6

# Free membership at Strafford Picturehouse

This issue's winner receives free annual family membership at Stratford Picturehouse, which includes free tickets and discounts on films.

To be in with a chance of winning this or another great prize send your pictures, jokes and poems to **Kids' Corner, West Wing, Fourth Floor, Newham Dockside, 1000 Dockside Road, London E16 2QU.** Don't forget to write your name, age, address and daytime contact telephone number on the back of your entry. **Good luck!** Visit www.picturehouses.co.uk to see what's on.



# Colour-ine-in



N I L E V A J I F T I F G L D N G S K T A A L G E L T T A A I B T N O N W G D B L Z R N W R I H C E N I L I I N O A O M S O N R A O H U L A E S T L T L D X P E Z I C C L L O D H E G I C H T U I O O D S B K G E T G D B O T Y R F R N A A N A I I U T I T D S P E C E I I A O P C S L H L I A R N J A P E S N S A I N W O B S N C O O A T U M E O T H P S N E I H B N S I F R T E O H T H R K R E I P R W E G F A C H C O L L E Y T E C N A T S I D E G A S R F A R I S A A S R G V W L P R

Athletes Field Sports
Competition Javelin Throw
Distance London Track
Effort Medals Training

# **Poem**

As I got into my ready position The man with the gun reloaded his ammunition.

Awaiting for the flick of the trigger, Thinking of Usain's composition and figure. I have to win, I have to come first place.

The thought of losing brought anger upon my face, I dreaded the time when I came third.

The thought of losing reminisced like a mocking bird. "On your marks...get set..." Intimidation could be seen through my odourless sweat. My heart was beating faster and faster, 100m the race was known as a blaster.

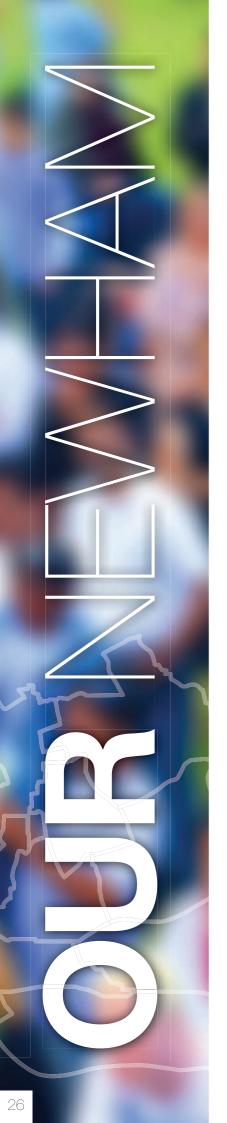
"...GO!" I leaped forward with my head below,

Practise makes perfect, The crowd would know. The race was almost over; I still strived with power, The 10-second race felt like an hour.

I was about to cross the line, Everything seemed good, Everything seemed fine... "Did I win, did I lose?" I found out I came third place. At least I didn't lose.

Tobi Bademosi, 15





# WIN-anight of Bollywood magic

Theatre Royal Stratford East is offering you a chance to win a night out to enjoy their latest Bollywood inspired musical Wah! Wah! Girls, a modern day love story set in Stratford 2012 full of passion, villains and laughter.

Two lucky winners will each receive a pair of tickets to the show, a signed copy of the programme and complementary drinks or ice creams.

To be in with a chance of winning, answer the following question:

In what year is Wah! Wah! Girls set?

A. 2012

B. 1992

C. 1952



Email your answer, name, age, address and contact number to newham.mag@newham.gov.uk or send it to Newham Mag, West Wing 4th Floor, Newham Dockside, 1000 Dockside Road, E16 2QU. Entries must be submitted by Monday17 September.

Wah! Wah! Girls is showing at Theatre Royal Stratford East, Gerry Raffles Square, E15, until Saturday 29 September. For more information visit www.stratfordeast.com/wah-wah-girls or turn to page 17.

# Win tickets to a book launch

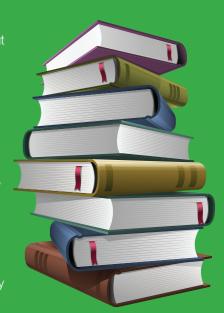
If you're a bookworm, or interested in authors, head down to Stratford Picturehouse to meet Attica Locke whose debut novel was shortlisted for the Orange Prize for fiction.

At the event organised by Newham Bookshop, she'll be launching her brand new release, *The Cutting Season*, and reading and signing copies of the book.

Newham Bookshop is giving away three pairs of tickets to the book launch. For the chance to win a pair, email your name, age, address and contact number to newham.mag@newham.gov.uk or send it to Newham Mag, West Wing 4th Floor, Newham Dockside, 1000 Dockside Road, E16 2QU, before Wednesday 12 September.

The event takes place on Thursday 13 September, 7pm at Stratford Picturehouse. Tickets usually cost £5.

If you can't wait and want to get your tickets in advance, visit www.picturehouses.co.uk or call 0871 902 5740 or buy tickets at Stratford Picturehouse, Salway Road, E15.



# Have a Whalebone of a time

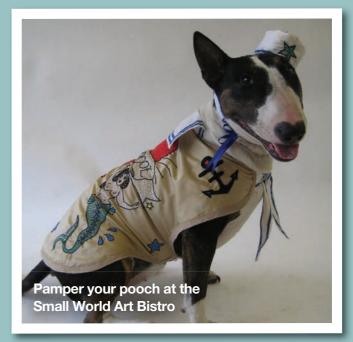
On Saturday 15 and Sunday 16 September discover a range of exciting and extraordinary things with a weekend of free fun, activities at the Small World Art Bistro on Whalebone Lane, E15.

Take a trip into the unknown at the temporary pop up gallery and café and enjoy a unique community get-together which will host the Portable Pet-tastic Traveling Petrospective – dog dressing with a difference, all pooches welcome.

Show off your talents, bring your instruments and step into Ray's Recording Studio for the Art Bistro radio programmes and website.

Get arty with free cake decorating at the Pâtisserie from 11am-2pm. Call 07771 273 558 to book your space. Tea, coffee and cake will be available for visitors to buy, or bring a dish for the food share street party.

On Sunday 16 September at 2pm at the junction of Tennyson and Faringford Road, E15, gather for a massive group photo. And to round off the evening, take part in the Unwrong Quiz at the Prince of Wales pub on West Ham Lane from 7.30pm, where there are no right or wrong answers.





# Come dine at mine

Cook up a storm for your family and friends and raise money for Richard House Children's Hospice.

The charity based in Beckton is asking you to help raise much needed funds by hosting a three-course dinner party.

Guests are encouraged to donate  $\mathfrak{L}10$  to  $\mathfrak{L}25$  for each meal. As well as supporting Richard House, the Dine at Mine fundraiser is simple and fun.

If you'd like to host a Dine at Mine dinner party call 020 7540 0230 or email BenA@richardhouse.org.uk for your information pack. For more information on Richard House, visit www.richardhouse.org.uk

# Anyone for tennis?



If you love tennis or would like to learn how to play the sport, sign up to the Love Tennis Academy who will be serving up free tennis lessons at Canning Town Recreation Ground.

The academy will be in full swing in October, with sessions including cardio tennis, which is set to music, and enhances your physical fitness as well as your tennis skills.

The team is holding two free taster events where you can take part in cardio tennis, tennis competitions, women's sessions and general coaching. Come along on Saturday 15 September, from 10am-5pm, and 22 September, from 10am-5pm. Both events will be held at the tennis courts in Canning Town Recreation Ground, Prince Regent Lane, E16. To find out more email lovetennisacademy@gmail.com

# THREE PAGES OF ACTIVITIES MOSTLY FREE, ALL FUN!

To view hundreds of events, or to add your own, log on to www.newham.gov.uk/whatson

7 - 14 SEPTEMBER

# **OUR THRILLING THREE...**

4

Musical Entertainment Celebrating the Olympics through music. Free to attend. Wednesday 12 September, 1.30pm, Newham Stroke Club, Katherine Road Community Centre, 254 Katherine Road, E7. Call **07852 387 633.** 



**Get fit for free** Free use of the gym for people with learning disabilities. Tuesday, 1.30-3.30pm and Friday 10am-12noon, Newham Leisure Centre, Prince Regent Lane, E13. Call **020 7511 4477** to book an induction.



**Bollywood Zumba** Female only. Every Tuesday, Bollywood FuZion: 7.30pm and Zumba fitness: 8.30pm at the HUB, 123 Star Lane, E16.

# **MENTION THE MAG...**

Experience the 3D Worldscape Table and enjoy food from around the world at The World's Bar and Bistro in Stratford.

Relax with entertainment and tantalise your taste buds with cuisine from countries including Mexico, France and Egypt.

Prices start at £8 but take along this copy of the Newham Mag and you can enjoy a main meal for £4.50 or two meals for £7 before 6pm at The Old Town Hall Stratford, 29 The

Broadway. Offer ends 30 September.

The World's Bar and Bistro is open from 10am till late. For details call 07791 291 685.



# TRY SOMETHING NEW... VOLUNTEER FOR YOU ME BUM BUM TRAIN'

If you're 16 or over, and want to be part of a unique, exhilarating experience, you can volunteer to be part of You Me Bum Bum Train.

You Me Bum Bum Train is a voluntary, participatory theatre performance where individual passengers journey through a maze of live scenes where they are catapulted into unimaginable, life changing situations.

You can be part of the 2012 production. Sign up by visiting www.bumbumtrain.co.uk/signup or turn up on the day. No previous performing or

backstage experience necessary.

Shows take place on: 10, 11, 12, 13, 17, 18, 19, 21, and 22

September at Empire House, 57

Broadway, E15 at 6pm. You can attend as many shows you like. For more information email info@bumbumtrain.co.uk



### **COURSES**

**Do it Online** 



Basic computer sessions for all. All sessions take place at local libraries. You must book in advance.

Tues, 10am-12noon Green Street Wed, 10am-12noon, Stratford Thurs, 10am-12noon, Canning Town Fri, 10am-12noon and 2-4pm,

### **Knit & Natter**

Craft group for men and women of all ages and abilities. All sessions take place at local libraries. Weds, 10am-12noon, Beckton Globe Fri, 10am-12noon, Canning Town

East Ham and Plaistow

# UNDER FIVES LIBRARY ACTIVITIES

Open to under fives with their parents/carers. All sessions take place at local libraries.

# **Storytelling**

Mon, 10.30-11.30am, Canning Town Tues, 10.15-11.15am, Custom House Tues, 11am-12noon, Plaistow Tues and Fri, 11am-12noon, Stratford Wed, 2-3pm, East Ham Thurs, 10.30-11.30am, Manor Park Thurs, 2-3pm, North Woolwich Thurs, 10.30-11.30am, Green Street Fri, 10.30-11.30am, Beckton Globe Fri, 11am-12noon, The Gate

# **Crafts Club**

Tues, 10.30-11.30am, Manor Park

# **Toy Library**

Tues and Thurs, 10am-12noon, East Ham

### **Imaginative Play**

Fri, 10.30-11.30am, East Ham



All sessions take place at local libraries.

# **Homework Club**

For young people aged 7 to 14. School term only. All sessions take place from 4-6pm unless specified. Mon, Stratford, East Ham, 4-6pm and North Woolwich, 3.30-5.30pm
Tues, 4-6pm, Beckton and

The Gate
Thurs, 4-6pm, Canning Tov

Thurs, 4-6pm, Canning Town, Custom House, Manor Park and Plaistow

### **Games Clubs**

Free activities such as Sony PS3, Xbox 360, Wii games, board games and more for all children aged 8-13.
Mon, 3.30-5.30pm, Canning Town and Manor Park Tues, 3.30-5.30pm, Custom House and East Ham

# Teen Xtra Evenings

Free activities for ages 12-21. Thurs, 6-8pm, The Gate

# ADULT LIBRARY ACTIVITIES



All sessions take place at local libraries.

# Adult Reading Groups

Mon 10 Sep, 6.30-7.30pm, Stratford

# **Over 50s Club**

Thurs, 10am-12noon, Beckton Globe



### **ICT Surgeries**

Thurs, 10am-12noon, The Gate

# **BASKETBALL**



# Newham All Star Sports Academy (NASSA)

All sessions take place at UEL, Docklands Campus, University Way, E16. Sessions are £1 unless indicated otherwise Visit www.nassasports.org.uk Wed, 4.20-6pm, U13-14 6-8pm, U16-18 8-10pm, Senior Men Thurs, 4.20-6pm U13-14 6-8pm, U16-18 8-10pm, Senior Women, £2 Fri, 4.20-6pm, U13-14 6-8pm. U16-18 8-10pm, Senior Men Run, £2 Sat, 10.20am-12.20pm, junior boys and girls, 8-14, £2 Call 07703 503 995 or 07712 176 301

# National League

Mon, 6-8pm, U13/14s,
Rokeby School,
Barking Road, E16
Tues, 6-8pm, U15/16s
Rokeby School,
Barking Road, E16
Thurs, 4.30-6pm,
U13/14s boys, U14s girls,
Newham Leisure Centre,
Prince Regent Lane, E13
6-8pm, U16s, Newham
Leisure Centre, Prince Regent
Lane, E13
6-8pm, U18s, Cumberland
School, Oban Close, E13

### Gifted and Talented

Fri, 4.15-5.30pm Cumberland School, Oban Close, E13

# **Basketball Session**

Sat, 10am-12noon Newham Leisure Centre, Prince Regent Lane, E13

# Senior Men/Women Programme

Mon, 7.30-9.30pm Division 2 Women and Division 3/4 Men. Rokeby School, Canning Town, E16 Call 07947 401 616

### **FOOTBALL**



# Mayor's Football League

8-16s, Mon, 4-6pm Newham Leisure Centre, Prince Regent Lane, E13

### 4v4 Football

8-19s, Wed, 5-7pm Stratford Park MUGA, West Ham Lane, E15

### **5v5 Football**

8-19s, Fri, 5-7pm Royal Victoria Gardens, Pier Road, E16

### **4v4 Football**

8-19s, Fri, 5.30-7pm Snowshill MUGA, High Street North, E12

### 5-a-side Tournaments

(First Sat of the month) U12s/U14s/U16s, Sat, 10am-1pm Plashet Park, Plashet Grove, E7 8-19s, Wed, 7.30-9pm. Winsor community MUGA, Manor Way, E6 Call 020 3373 4119

# WHU Kickz (free)

Mon, U14s, 4-5.30pm - 15+, 5.30-70pm West Ham United Community Astro Turf (Beckton), E6 - 11-18s, 5-8pm Forest Gate Youth Centre. E7 Tues, U14s, 4-5.30pm - 15+, 5.30-7pm West Ham United Community Astro Turf (Beckton), E6 - 11-18s, 6-9pm Priory Park MUGA, E6 Wed, 11-18s, 5-8pm Priory Park MUGA, E6 Thurs, 11-18s, 4-7pm Priory Park MUGA, E6 Fri, U14s, 4-5.30pm - Girls 11+, 5.30-7pm West Ham United Community Astro Turf (Beckton), E6 - 11-18s, 5-8pm Forest Gate Youth Centre, E7

### Air Football 16+

Tues, 1-3pm, Stratford Park, E15 Fri, 3-5pm, Beckton Powerleague, E6. Visit www. airfootball.co.uk

# Ascension Football Academy

All sessions £3
School years reception to 11,
10-11.30am
King George V Park, King
George Avenue, E16. Call
07806 584 925

# BOXING AND SELF DEFENCE



### **Boxing**

West Ham ABC - community boxing, 11-19s Free Olympic style amateur boxing sessions. Hathaway Community Centre Hathaway Crescent, E12 Wed, 7pm. Call 020 8430 2000 - West Ham Boys ABC 9+. boys and girls Mon, Wed, Fri, 5-6pm The Black Lion, 59-61 High Street, E13. Call 020 8472 3614 - Peacock ABC 8+. Mon, Wed, 6-8pm boys and girls Caxton Street North, E16 Call 020 7511 3799 - Newham Boys ABC 6+, boys only Mon, Wed, Fri, 6-7.45pm Old Bath House, 141 Church Street, E15. Call 020 8519 5983 - Fight For Peace 11+, boys and girls Woodman Street, North Woolwich, E16. Call 020 7474 0054

### Punch Out (16+)

Free boxing fitness workout. Thurs, 4-5pm and 5.15-6.15pm. Email getactive@newham.gov.uk

# **Newham Shoujin Karate**

During term time only.
Sessions for beginners:
Mon, 6.20-8.20pm,
Docklands Shoujin Karate
Club, Sports Dock, UEL
Docklands Campus, E16
Wed, 4.30-5.30pm,
Thurs, 6-8pm,
Fri, 6-7pm and 7-8pm,
Sun, 10-11am, Newham Leisure

Centre, Prince Regent Lane, E13. Call 07508 070 638

# HEALTH AND FITNESS



# Handball (free)

8-16s, Tues, 3-4.30pm 16+, Fri, 6-8pm Newham Leisure Centre, Prince Regent Lane, E13. Email aranka. bekker@newham.gov.uk

# Multi sports (free)

Wed, 1-3pm and 5-7pm, 16+ Stratford MUGA, West Ham Lane, E15

Fri, 5.30-7pm, 8-19s Snowshill MUGA, High Street North, E12. Call 020 3373 4119

### **Athletics**

Sun, 10.30am-12.30pm, 10-19s Newham Leisure Centre, Prince Regent Lane, E13. Email coral.nourrice@newham.gov.uk - Newham and Essex Beagles Athletics Club, Mon and Wed, 6.30-9pm, 10+ Sun, 10am-1pm. Call 020 7511 4477

### **Cricket**

Wed, 6-8pm, 8-18s, Lister Community School, St Mary's Road, E13. Call 020 3373 4119

### **Hockey**

Mon, 3-5pm, 8-14s Kingsford Astro, Kingsford Way, E6 (by Asda car park). Call 020 3373 4119

# Rugby

Tues, 4-6pm, 10-16s Memorial Park, Memorial Avenue, E15. Call 020 3373 4119

### **Volleyball**

Mon, 3.30-5pm, 11-18s, Royal Docks School, Prince Regent Lane, E16. Call 020 3373 4119

# Newham Swords (4+)

Tues, 6.30-9pm Thurs, 6.30-9pm Fri, 7.30-10pm The Hub in the grounds of Newham Leisure Centre, Prince Regent Lane, E13 Call 07956 618 898

### **Newham Striders**

Free sociable walking group, seven days a week. Call 020 8430 2000

# Free Men's Health Football Fitness Sessions

Sat, 10-11am, West Ham United Community Training Facility, 60a Albatross Close, E6. Call 020 7473 7724

# Free Family Fit Club

Sat, 11am-12noon, West Ham United Community Training Facility, 60a Albatross Close, E6. Call 020 7473 7724

### Saturdads

For fathers, grandads, uncles and children aged 0-16. Sat, 12noon-3pm, Chandos East Hub, 90 Chandos Road, E15 Call 020 8221 2137

# **FEMALE SPORTS**



### Dare2Dance

Free street dance classes for girls, 12-16s. Fri, 3.30-5.30pm Newham Leisure Centre (New Indoor Multi Sports Centre), Prince Regent Lane, E13. Call 07970 783 526

# **Girls Spinning Sessions**

11-16, Mon and Wed, 4-4.30pm. Newham Leisure Centre, Prince Regent Lane, E13. Call 020 7511 4477

# Female Only Gym Sessions

Free, 11-16, Tues and Thurs, 3.30-5pm. 16-25, Weds, 1.30-3pm. Newham Leisure Centre, Prince Regent Lane, E13. Call 020 7511 4477

# Female Boxfit Classes (16+)

Mons, 4.15-5.15pm, Balaam Leisure Centre, Balaam Street E13. Call 07970 783 526

# **Girls Football**

Mon, 6-7.30pm, 12/14s football tournaments Kingsford Astro (entrance by Asda car park) Beckton, E6. Call 020 8556 5973. 12-14s football coaching and

tournaments, Tues, 3.30-

5.30pm. Newham Leisure Centre, Prince Regent Lane,

Disabled Multi-Sports

# E13. Call 020 8556 5973 **Get Back into Netball**

OPA Netball Club sessions. Tues, juniors, 6-7pm, seniors, 8-9.30pm. £2 per session. Lister Community School, St Mary's Road, E13. Call 07717 281 529

# **Body Blast (16+)**

Mon, 7-8pm and Thurs, 6-7pm Talent Central, Unit 27a, 3 Armada Way, Gallions Shopping Centre, E6

# SPORTS AND PHYSICAL ACTIVITIES FOR DISABLED PEOPLE

# **Multi-Sports**

Free Flying Wheels club for young wheelchair users 6-22. Wed and Fri evenings, 6-8pm. Rokeby School, Barking Road E16. Call 07888 085 259 U19s, Fri, 4.30-6.30pm, Newham Leisure Centre, E13. Disabled Multi-Sports. Tues, 10.30am-12noon, Newham Leisure Centre, E13. Call 020 7511 4477 Fri, 4.30-6pm, NewVlc, Prince Regent Lane, E13. Call 07811

# 671 082 Wheelchair Basketball

11-19, Wed, 4-5pm Rokeby School, Barking Road, E16. Call 07947 401 616

# Family Swims for Disabled Children and Adults

Newham Otters Swimming Club, Sat, Newham Leisure Centre, E13, 4.30-5.30pm. For more details call 07931 788 739

Family Swim, Sun, 12.30-2pm, Balaam Leisure Centre, E13, £5. Call 020 7476 5274

### Free Trampolining Sessions

U19s, Fri, 5-7pm and Sat, 12noon-2pm, Newham Leisure Centre, E13. Call 020 7511 4477

# Mixed Swimming Sessions for Adults and Children

Wed, 10am-12noon, East Ham Leisure Centre, E6. £1.15 per session. Call 020 8548 5850

# Free Swim for Families dealing with Autism

Wed, 4-5pm, Balaam Leisure Centre, E13. Call 020 7476 5274

# **COMMITTEE MEETINGS**

All meetings take place at Newham Town Hall, Barking Road, E6 unless specified. **Mon 10 Sep,** Licensing (2003 Act) Sub-Committee, 10am, Council Chamber

# LIBRARY CONTACTS



For full library contact details visit www.newham.gov.uk/libraries

Hundreds of services

– just one number for all council enquiries

Call 020 8430 2000



Follow us on twitter: **@NewhamLondon** 



Find us on Facebook: www.facebook.com/NewhamCouncil



# STRATFORD PARK, E15 CENTRAL PARK, E6

(At Central Park during Opening/Closing Ceremony and weekends only)

Giant screens to view the live action from the Paralympic Games 11am-11pm

Plus weekends of children's activities, live music, sports, games and entertainment.

Times vary, visit www.newham.com/summer for more information.

Brought to you by the Mayor of Newham

